

VIRTUAL INSTRUCTOR-LED TRAINING

MANAGE WITH MEANING LEVEL 1

MANAGING TO HIGH PERFORMANCE THROUGH CONNECTION



A good boss is life-changing for employees, a great career path for an individual and a force for growth for businesses. The skillsets needed to become a good boss are greater than the common, basic training provided. It's time to change that with more targeted, realistic training people managers need to succeed. If you manage others and are looking for something more to help level set the realities you will face as a manager, help you foster connection, develop authenticity, establish and maintain your boundaries, increase your resilience and find ways to calm the overwhelm...this course is for you!

This virtual instructor-led course combines three engaging live learning sessions, asynchronous connection with a cohort of peers, and ongoing application of new skills.

Topic 1

THE SH*T NO ONE TELLS YOU ABOUT MANAGEMENT

- Eight hard truths about managing people and what to do about them

Topic 2

LAYING YOUR OWN MANAGEMENT FOUNDATION

- Setting your Management Intention
- Boundaries
- Professional Growth Planning

Topic 3

CONNECTION SKILLS TO DRIVE HIGH PERFORMANCE

- Empathy
- Vulnerability
- Radical Transparency

Topic 4

MANAGEMENT RESILIENCE

- Energy management
- Stress + Individual Zone of Optimal Functioning

Course Structure

Live Virtual Classes

Three 90-minute live classes with your cohort and instructors to explore new concepts, discuss as a class and in breakout groups, and plan how you'll apply in your own management.

Personal Application

In between live sessions (and for long after!) use your downloadable workbook and application templates to apply new concepts in your day-to-day.

Peer Connection

Throughout the course, check in with your cohort through a live discussion board. Share your wins, challenges, and questions. Get advice from your peers and instructors as you test new practices.

Course Materials

- Downloadable workbook with practical guides and templates
- 1-year access to the Manage(Meant) Excellence virtual program
- Recordings of your cohort's live session

click here ↓

To Register